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### **EXERCISES AND ACTIVITIES**

# EXERCISE 1. UNSCRAMBLE THE WORDS AND THEN MATCH EACH ONE TO A DEFINITION

1. LULSK 2. RERVBTEA 3. DHAE	<ul><li>A It protects the brain</li><li>B It is filtered in the brain</li><li>C It protects the CNS</li></ul>			
4. EGSMINN	D It is grey and white			
5. TERMAT	E They protect the spinal cord			
6. OLBOD	F It contains the brain			
(1A / 2E / 3F / 4C / 5D / 6B )  EXERCISE 2. COMPLETE EACH DESCRIPTION WITH THE CORRECT WORD.				
1are three – layered membranes.				
2. The nerves that connect the CNS to the rest of the body form the				
3. The brain and the spinal cord make up the				

(spinal cavity – spinal cord – nervous system – PNS – CNS – meninges)
(645231)

## EXERCISE 3. WRITE THE CORRECT NAME ON EACH LINE DIAPOSITIVA $N^{\circ}\,6$

4. The.....runs from the neck to the hip area.

5. The......is divided into CNS and PNS.6. The......contains the spinal cord .

# EXERCISE 4. WRITE THE CORRECT NAME ON EACH LINE DIAPOSITIVA $N^{\circ}$ 12

# EXERCISE 5. UNSCRAMBLE THE WORDS AND THEN MATCH EACH ONE TO A DEFINITION

1.	AGILL	A	They send and receive electro – chemical signals.
2.	PENSYAS	В	It is a long extension of a nerve cell.
3.	NEMILY	C	They bring information to the cell body.
4.	SENROUN	D	This cell provides support functions for neurons
5.	TRINDESDE	E	It surrounds and insulates the axon
6.	NOXA	F	It is the gap between the axon terminal and the receiving cell

### EXERCISE 6. ANSWER THE FOLLOWING QUESTIONS

- 1. Which are the cells that make up the brain and spinal cord?
- 2. What's the difference between them?
- 3. Which are the three parts that make up the neuron?
- 4. What are dendrites?
- 5. What's the axon?
- 6. What's the function of myelin?

### EXERCISE 7. READ THE FOLLOWING SENTENCES AND DECIDE IF THEY ARE TRUE OR FALSE. CORRECT THE FALSE ONES.

- 1. Only glial cells make up the brain. TF
- 2. Glial cells transmit and receive electro signal to and from the brain. TF
- 3. The brain contains billions of neurons. TF
- 4. The number of glial cells is the same as the number of neurons. TF
- 5. All the neurons have the same size and length. TF
- 6. The neuron is made up of three parts. TF
- 7. The soma is the central part of the neuron. TF
- 8. Dendrites are branches that lead the nerve signal to the brain. TF
- 9. The axon takes information away from the cell body. TF
- 10. Myelin is a substance that insulates the axon. TF

#### EXERCISE 8. COMPLETE THE SENTENCES WITH THE RIGHT WORD:

1.	The brain is divided into the right	and the left	
	Each part is specialized for some		
3.	The two parts communicate through the .		
4.	The side of the brain co	ontrols the left side of the bo	ody and the
	side of the brain	controls the right side of the	body
5.	Damage to one side of the brain affects th	ne	. side of the body
6.	The left hemisphere is dominant for	abilities and .	,
	while the right hemisphere is	for	imagery
	and abilities		

EXERCISE 9. HERE IS A SHORT REVIEW ABOUT THE 4 LOBES OF THE BRAIN. TAKE A LOOK AT THIS FIGURE AND THEN ANSWER THE QUESTIONS. THE NUMBERS ON THE FIGURE CORRESPOND TO THE NUMBER OF THE QUESTION. DIAPOSITIVA N°22

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	The lor	ne of the	hrain	important	tor	VICION	10	called	
1.	THE IOL	o or an	<i>o</i> ram	mnoortant	101	VISIOII	10	Carrou	

- 2. The lobe of the brain important for the sense of touch is called ............
- 3. The lobe of the brain important for hearing is called.....
- 4. The lobe of the brain important for reasoning and problem- solving is called.....

#### EXERCISE 10. READ THE SENTENCES AND CHOOSE THE CORRECT STATEMENT

- 1. Babies' brain is very heavy / quite light
- 2. The number of brain cells increases / doesn't increase as a child grows
- 3. Men's brain is **heavier / lighter** than women's brain
- 4. The brain consists of **soft / hard** substance
- 5. Brain cells can / can't resist for a long time without oxygen

#### EXERCISE 11. COMPLETE EACH DESCRIPTION WITH THE CORRECT WORD.

1.	The diencephalon is surrounded by the
2.	The diencephalon includes the,the hypothalamus and the epithalamus
3.	The is a small region below the thalamus.
4.	The is involved with the beginning of puberty
5.	The cerebellum is located below theof the cerebrum.
6.	Thecontains as many neurons as all the rest of the brain.
(cerebellu hemisphe	m – epithalamus – occipital lobes – thalamus – hipothalamus – cerebral
-	······································

# EXERCISE 12. READ THE FOLLOWING SENTENCES AND DECIDE IF THEY ARE TRUE OR FALSE. CORRECT THE FALSE ONES

- 1. The brain stem consists of four parts. TF
- 2. The brain stem is the region between the diencephalon and the cerebrum. TF
- 3. The midbrain is the superior portion of the brain stem. TF
- 4. The medulla oblongata extends upwards from the pons. TF
- 5. The spinal cord carries motor and sensory information. TF
- 6. The reflexes are responses to stimuli .TF

### Exercise 13. READ THE STATEMENTS AND DECIDE IF THEY ARE TRUE OR FALSE

1.	The brain is always working	T	F
2.	The brain controls our feelings and thinking only	T	F
3.	The brain can be compared to a central computer	T	F
4.	The nervous system sends messages to the brain	T	F
5.	The nervous system works through the spinal cord	T	F
6.	The message from the brain to the body takes much time	T	F
7.	The peripheral nervous system is formed by the spinal cord	T	F
8.	The vertebrae are bones that protect the spinal cord	T	F

- 9. The vertebrae are protected by meninges10. The cerebrospinal fluid protects the brain

T F T F

### **TEST**

READ AND TICK THE RIGHT ANSWER (	_/10P)
It carries messages from the brain to the body	The Schwann's cells are types of  ☐Neurons
$\square$ Blood	☐Glial cells
☐Spinal cord	$\square$ Axons
$\square$ Dendrite	□dendrites
□Axon	
	It contains the centres of hearing and
It contains the brain	memory
□Skull	the parietal lobe
□Vertebrae	$\Box$ the temporal lobe
☐Spinal cavity	☐the occipital lobe
□Head	$\Box$ the frontal lobe
They protect the CNS	The thalamus, the hypothalamus and
□Meninges	the epithalamus are all parts of
□Vertebrae	the cerebrum
$\square$ Axons	☐the cerebellum
□Dendrites	$\Box$ the diencephalon
	☐the brain stem
A long extension of a nerve cell is called	
□Dendrites	It works like a biological clock for
□Soma	the body
$\square$ Axon	the hypothalamus
□Cell body	the thalamus
	$\Box$ the epithalamus
It surrounds and insulates the axon	☐the pons
☐Grey matter	
□Myelin	It favours coordinated, fluent body
□Vertebrae	movement
□Synapse	☐the midbrain
	the medulla
	☐the pons
	☐the spinal cord

# READ THE FOLLOWING SENTENCES AND DECIDE IF THEY ARE TRUE OR FALSE. CORRECT THE FALSE ONES (\_\_\_\_\_/10P)

1.	The CNS includes the brain and the brain stem	T	F
2.	The spinal cord is protected by the vertebrae	T	F
3.	The dura mater, the arachnoid and the pia mater are meninges	T	F
4.	The brain and the spinal cord are made up of glial cells	T	F
5.	The number of glial cells is the same as the number of neurons.	T	F
6.	All the neurons have the same size and length.	T	F
7.	The axon takes information away from the cell body.	T	F
8.	All the activities of the body are devoted to the care and protection of the brain	T	F
9.	The woman brain contains more axons than the man brain	T	F
10.	The spinal cord is a bundle of nerves that connects the brain to the other parts of the body	T	F

### COMPLETE THE TEXT WITH THE RIGHT WORD (\_\_\_\_\_/10P)

The largest and most complex portion of the brain is the
learning, and many other complex activities. It is divided into the left and the right
; they are joined by a longitudinal, which is
called The right side of the brain controls the of
the body, and vice versa. Each cerebral hemisphere is divided into fourthe
lobe, which is responsible for reasoning, emotions, judgment, and
voluntary movement; the lobe, which contains the centres of hearing,
smells, and memory; the lobe, which is responsible for the touch and
spoken language abilities, and the lobe, which is responsible for the
centres of vision and reading abilities.

### ANSWER THE FOLLOWING QUESTIONS. (\_\_\_\_\_/30P)

- 1. What are meninges?
- 2. What's the difference between white matter and grey matter?
- 3. What is the neuron and what does it consist of?
- 4. What's the role of dendrites?
- 5. What are glial cells and which are their functions?
- 6. Where is the cerebellum located?
- 7. Which are the parts that make up the brain?

- 8. What are the two emispheres responsible for?9. What does the medulla oblongata control?10. Which are the functions of the spinal cord?

### **GRIGLIA DI VALUTAZIONE**

FASCIA	VOTO
1-6	1
7-12	2
13-18	3
19-24	4
25-30	5
31-36	6
37-42	7
43-48	8
49-54	9
55-60	10